

How to doodle paint in 3 steps

Step 1: Choose your art materials

- Select whatever materials you want to use before starting to doodle paint: airbrush colours, ink, gouache, watercolours, acrylics, oil paints, pencils, crayons, pens ...
- Pick whatever brushes and out-of-the-box painting tools (e. g. twigs, sponges, corks) you'd love to work with.

This is what I normally use:

- My sketchbook or a watercolour pad, 300 g/m² – 140 lb cold pressed paper for mixed media (acrylic, watercolour, pastel, pencil);
- My favourite watercolours: 24 full pans & paint tubes;
- Airbrush colours, gouache, and acrylic paint, as well as oil pastel chalks and a few B pencils;
- A handful of medium to large round kolinsky sable-hair brushes, medium and large flat brushes, and dry fan hog-bristle brushes in various sizes.

Step 2: Start with a few points, lines, and splashes of colour

- Begin with a few lines or a couple of splashes of colour, or
- Draw a few abstract shapes and then paint inside several of them without following their contour.

Step 3: Play with your marks, shapes, and materials

- Layer colours on top of each other to achieve more depth or more sophisticated tonal values;
- Notice each time how the colours spread and blend;
- Observe the patterns and textures that emerge;
- Work *with* your materials and tools, focus on your marks, think and create without an end in mind, and let yourself be surprised;
- Leave some areas completely white – an empty space in a painting has always got the power to amplify the effect of the marks and shapes the painting contains.
- Go back over dry sections with pencils, oil pastel chalks, or other tints of colour.
- Don't stop playing and “living in colour” (D. Hockney), for “colour is all” (M. Chagall).